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Jasmine – essential oil extracted from plants and used for therapeutic purpose

Jacuzzi – the name given to a whirlpool bath or spa, after the man who invented it, Roy Jacuzzi in 1968

Jejunum – the middle part of the small intestine between the duodenum and the ileum

Jewellery – any personal items of adornment including, earrings, necklaces, body piercing and bracelets, they must be removed prior to treatment particularly when using electrical equipment.

Job description – a clear picture of a job role, produced when a new member of staff is required. It is used to define the roles and responsibilities of the successful candidate, provide data from which a person specification can be drawn up, provide details for the job advertisement and it allows the candidate to assess if they have the necessary skills and requirements to do the job.

Job role – the actions, activities and responsibilities relating to employment

Job title – the name that distinguishes the position of an employee in a business.

Joint – the point at which two bones are connected

Jojoba oil – it is a liquid wax used as a carrier oil in aromatherapy, it closely resembles the skin's own sebum making it ideal for all skin types. It has anti-inflammatory and antioxidant effects and mixes well with other carrier oils.

Joule – a unit of electrical energy equal to the work done when a current of one ampere is passed through a resistance of one ohm for one second

Junior therapist – the least experienced member of the team of therapists who provides support and assistance to more senior therapists.

Juniper – a coniferous plant the berries of which are steam distilled to produce a commonly used essential oil