

susancressy

spa & beauty therapy in practice

Eco Beauty

- LED light bulbs
- Filtered water instead of bottled water
- Corn-based cups rather than plastic cups
- Organic detergents and cleaning products
- Organic treatment products
- Re-usable implements that can be washed and sanitized
- Purchase in bulk rather than small containers
- Turn off lights in rooms that are not in use
- Turn off all electronics, such as computers, at night
- Natural chlorine generators or saline systems for pools and whirlpools
- Bamboo or other sustainable-based elements used in towels and linens